

2024 Hope in Motion Impact Statement

More than 7,000 patients walk through the doors of Stamford Health's Carl & Dorothy Bennett Cancer Center each year. Every dollar raised through the Hope in Motion Walk provides critical support services at no charge to patients.

Services include:

- **Exercise** — Patients are eligible for training sessions with a cancer certified trainer at the Sarnier Health & Fitness Institute.
- **Grants** — Up to \$1000 can help eligible patients in financial need with non-medical expenses.
- **Nutrition** — Counseling to develop healthier eating habits while undergoing treatment.
- **Massage and acupuncture** — Relaxing treatments to help with healing.
- **Rejuvenation** — Soothing treatments like Reiki, reflexology, craniosacral therapy and yoga.
- **Meals** — Daily lunches for patients while they are undergoing chemotherapy.
- **Transportation** — Rides for eligible patients to and from treatment.
- **Food Insecurity** — Patients experiencing food scarcity receive food gift cards.
- **Education** — Symposiums and survivorship education that help patients learn how to manage their stress through cancer treatment and into survivorship.



\$50,000

in grants awarded to patients
for non-medical expenses



3,500

patient lunches served



3,591

rides delivered patients to
and from treatment



1,483

Integrative Medicine program
sessions completed



1,010

exercise sessions provided to
patients post-treatment



1,000

hours of nutritional counseling
provided to patients

hope STAMFORD HEALTH
BENNETT CANCER CENTER
IN MOTION **WALK**