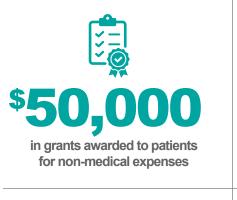
2024 Hope in Motion Impact Statement

More than 7,000 patients walk through the doors of Stamford Health's Carl & Dorothy Bennett Cancer Center each year. Every dollar raised through the Hope in Motion Walk provides critical support services at no charge to patients.

Services include:

- Exercise Patients are eligible for training sessions with a cancer certified trainer at the Sarner Health & Fitness Institute.
- **Grants** Up to \$1000 can help eligible patients in financial need with non-medical expenses.
- **Nutrition** Counseling to develop healthier eating habits while undergoing treatment.
- **Massage and acupuncture** Relaxing treatments to help with healing.
- **Rejuvenation** Soothing treatments like Reiki, reflexology, craniosacral therapy and yoga.
- **Meals** Daily lunches for patients while they are undergoing chemotherapy.
- **Transportation** Rides for eligible patients to and from treatment.
- Food Insecurity Patients experiencing food scarcity receive food gift cards.
- Education Symposiums and survivorship education that help patients learn how to manage their stress through cancer treatment and into survivorship.



3,500

3,591

rides delivered patients to and from treatment

1,010 exercise sessions provided to patients post-treatment 1,483

Integrative Medicine program sessions completed

1,000 hours of nutritional counseling provided to patients

