



Does a mini-event need to be a certain size?

Events can have a single organizer, involve just one person or a large group of people, or fall anywhere in between. These mini-events can be shared with a small circle of friends or opened up to the greater Hope In Motion Walk & Run community. What's important is to know that every dollar counts and your efforts are greatly appreciated. Previous events have included wine tastings, paddle tennis tournaments, Pampered Chef events, hair salon proceeds and guest bartending at area restaurants.

About the Bennett Cancer Center

Stamford Health's Carl & Dorothy Bennett Cancer Center combines state-of-the-art technology with compassionate care, all in our local community. The Bennett Cancer Center's multidisciplinary team of caregivers is specially trained in oncology and knows that every patient deserves attention, respect and access to the best care available. Through integrative practices, each patient is able to receive quality-of-life services that treat the individual holistically. These services include Reiki, massage, nutrition, and exercise, all of which are supported by funds raised through the Hope in Motion Walk & Run.

For more information, call 203.276.2554 or email kpollak@stamhealth.org.



Hope in Motion Mini-Events



Hope in Motion Mini-Events

What is a mini-event?

Any event that is held during the year where a portion of the proceeds benefit the Bennett Cancer Center's Hope in Motion Walk & Run. A mini-event is a great way to build team camaraderie while raising funds for the Walk & Run. Anything fun that brings people together can be used as a fundraising opportunity. A mini-event can be anything — let your creativity guide you! Or, look at our list, pick one (or more!) that interests you and start raising funds now. All fundraising goes toward your accumulated team totals to support the Walk & Run. Put the "fun" back in "fundraising," all while helping a great cause!

Some examples of mini-events:

- Tag sales
- Car washes
- Bake sales
- Golf, softball or tennis tournaments
- Ask your favorite local restaurant to donate a percentage of their proceeds on a given night
- Ask your favorite dry cleaner, hair salon, etc. to donate a percentage on a given day
- Host a special screening at a local movie theater
- Clothing/jewelry trunk shows
- Happy hours
- Wine tastings/beer tastings
- Super Bowl or March Madness 50/50 pools
- Jump-a-thons (think pre-school or elementary school aged children)
- Hit-a-thons (think Little League!)
- Hop-a-thons
- Spin-a-thons (think gyms!)
- Sell stuff on eBay or Craigslist
- Hold a tupperware Pampered Chef event

Corporate mini event ideas:

Mini-events are a great way to fundraise and team build in the workplace. Gather your co-workers and participate in a hobby or activity you already enjoy. Have fun (and fundraise) together!

- Bake sale
- Pot luck lunch
- Dress down day
- 50/50 drawing
- Donation jars
- Departmental team challenges

